

Dr. Lisa Whiteaker Dermatology presents . . .



## Mom and Me Spa Night

for girls ages 4 to 14

Friday, August 1 ~ 6-9 p.m.\*

**Reservations Required!\*\***

- Crafts: Project Runway t-shirt design, duct-tape art creations, shrinky-dink jewelry, scrapbooking, photo frames, & tote bag decorating.
- Facials, nail art for hands & feet, and hair wraps.
- Yoga and pilates demonstrations.
- Chair massages for mom!
- Fairy photos in the garden with Amy Callahan.
- Digi makeovers!
- Yogurt & fruit parfait station and coffee bar.
- Goody bags to take home!

*Door prizes include on site make-over and skin care consultation by Dr. Whiteaker's esthetician, and gift certificates from local businesses!*

\* Girls ages 4 to 7 will attend from 6:00 to 7:30 p.m. Girls ages 8 to 14 will attend from 7:30 to 9 p.m.

\*\* Spa Night is an event for women and girls to benefit the Cookeville Children's Museum of the Upper Cumberland.

**Cost:** \$20 per couple; plus \$5.00 for each additional girl or woman.

**For reservations call:** 931-979-7529. The museum is located at 36 W. 2nd Street (corner of Cedar Ave.) in downtown Cookeville.

**[www.CookevilleChildrensMuseum.org](http://www.CookevilleChildrensMuseum.org)**